Personal, Social and Health Education (PSHE)

Intent

At Lewannick, it is our intent that all children will be 'lifelong learners' with the confidence and ability to develop their skills and understanding when having new experiences, meeting new challenges and finding themselves in unfamiliar situations.

Our approach aims to develop the qualities and attributes children need to thrive as individuals, family members and members of society and the global community and enable them to effectively navigate the complexities of life in the 21st Century.

We encourage children to have confidence in their own thoughts and believe that anything is possible if they put their mind to it. We promote the four fundamental British values which reflect life in modern Britain: democracy; the rule of law; respect and tolerance and individual liberty. Having the ability to stay safe and healthy is a high priority and children are equipped to make informed choices.

Implementation

The Kapow Primary scheme is used as our whole school approach and consists of five areas of learning;

- Families and relationships
- Health and wellbeing
- Safety and the changing body
- Citizenship
- Economic wellbeing

We follow a two year cycle (please see mixed age progression of knowledge and skills) whereby children re-visit each area prior to moving on.

A range of teaching resources is used and stories, scenarios and video clips provide opportunities for children to engage in real life and current topics.

Impact

Weekly formative assessments as well as end of unit quizzes enable teachers to identify children's knowledge and understanding. These feed into subsequent lesson plans and transition discussions.

When children leave Lewannick Primary, they will be able to utilise their learning in everyday life, from dealing with friendship challenges to resilience to making healthy choices and knowing where and how to get help when needed.

Monitoring of RSE and PSHE are completed by SLT on a termly basis.