



Lewannick Primary School

Hawks Tor Drive
Lewannick
Launceston
Cornwall
PL15 7QY

NEWSLETTER 9th May 2025

Tel: 01566 782262

Email: Lewannick@andaras.org

Web Address: www.lewannick.cornwall.sch.uk

Head of School: Sally Cook

Dear Parents/Carers,

Firstly a massive thank you to all the parents who contributed to the food and/or came to the street party to celebrate VE day. I think we can all agree that the children did a great job with singing the 3 songs, all of which are linked to VE day, in learning the Lambeth Walk and baking scones, biscuits and making sandwiches. The whole school had a day of learning about the importance of VE day through the fun activities and I'm sure these memories will stick with them for a long time.

Attendance this week is absolutely brilliant with 5 classes, and the whole school, being above the national percentage. Being in school not only develops children's knowledge and skills but also their social and emotional wellbeing. All of which will support them in their later lives and living in modern Britain.

Thank you to those of you who have already completed the An Daras Parent survey. Please follow the link below if you are yet to do so:

<https://forms.office.com/Pages/ResponsePage.aspx?id=m9jup2tw-06Fx1KG9c18XjAN2z0iNaxEmm4Y7buTSyNUMUhlOUxTTzY1SDJaWE1VSk1FMk9aM1ILQs4u>

I will be analysing the outcome and look at specific areas for improvement. It is already clear that you would like the teaching staff to be more available at the end of the day and therefore I will be looking at ways to do this.

This term brings with it multiple statutory tests including the Year 4 Multiplication check and Year 1 phonics screening check. Next week brings the Year 6 SATs and I know that as always the children will try their hardest and demonstrate the school value of ambition. We also know that these tests do not define a child. Their involvement in sport, dance, drama, art, their friendships, kindness, creativity and care for environment are just a few aspects of what makes the whole child. We wish them all luck and look forward to enjoying the rest of their time at Lewannick.

Best Wishes

Sally Cook

If you require this newsletter in an alternative format, for example large print or dyslexia friendly, please email secretary@lewannick.net. This also applies if you require it in a different language.

DATES FOR YOUR DIARY

May 25

Monday 12th—Yr R trip to Lappa Valley

Wednesday 14th—Pre-school trip to Bodmin Railway

Thurs 15th —Duchy X Country Race—CHANGE OF DATE

Fri 16th—Yr 4 Woodland Skills Centre

Mon 19th—Read with your child 9am

Fri 23rd—Yr 3 Woodland Skills Centre—Details to Follow

Mon 26th—Fri 30th—HALF TERM

June 25

Monday 2nd—INSET DAY

Thursday 5th—Yr 2 Woodland Skills Centre—Details to Follow

Friday 6th—Whole school Art day

Thursday 19th—Yr 1 Woodland Skills Centre—Details to Follow

Mon 23rd—Wed 25th —Year 3/4 Residential Porthpean

Mon 30th— Wed 02nd Jul—Year 5/6 Residential Camp Kernow

July 25

Friday 11th—Sports Day—Details to follow

Wednesday 23rd—Last day of the summer term.

Sept 25

Tues 3rd - all children in to start the new academic year

Stars of the Week



Ada-Rose, Joey

Arthur H, Isla R,

Isla F, Freddie G, Robbie

Readers of the Week



Hattie, Grace,

Maddie



School Menu



WB 12th May -Week 1

Weekly Attendance

Year Group	% Attendance	Year Group	% Attendance
R	92.86%	4	91.84%
1	100%	5	100%
2	97.96%	6	96.83%
3	97.62%	Whole School	97.67%

Ambition

Creativity

Relationships

WEEK 1

W/C: 21/04/2025, 12/05/2025, 02/06/2025, 23/06/2025, 14/07/2025, 15/09/2025, 06/10/2025

HOT DISHES									
OPTION 1	OPTION 2	OPTION 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
1	2	3	Cheese and Tomato Pizza Served with Garlic and Herb Bread 🍷	BBQ Chicken Served with Rainbow Rice 🍷	Roast Chicken Served with Roast Potatoes and Gravy	Classic Beef Burger Served with Potato Wedges	Battered Pollock Served with Chips		
			OR	OR	OR	OR	OR		
			Cheesy Bean Tortilla Toastie Served with Potato Wedges 🍷	Macaroni Cheese 🍷	Roast Quorn Served with Roast Potatoes and Gravy 🍷	Quorn Burger Served with Potato Wedges 🍷	Veggie Fingers Served with Chips 🍷🍷		Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🍷🍷
			OR	OR	OR	OR	OR		
			Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🍷🍷	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🍷🍷	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🍷🍷	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🍷🍷	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🍷🍷		
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD									
DESSERT			Shortcake 🍷	Chocolate Brownie 🍷	Banoffee Pie	Ginger Biscuit Served with Fruit 🍷🍷	Strawberry Ice Cream		

 **BAKED POTATOES SERVED DAILY**
With a choice of toppings 🍷

 **AVAILABLE DAILY**
Fresh fruit, salad, yoghurt and water

 Vegetarian  Vegan  Oily Fish  Wholegrain  Fruity! **Nutritionist's Choice**

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for

WEEK 2

W/C: 28/04/2025, 19/05/2025, 09/06/2025, 30/06/2025, 21/07/2025, 22/09/2025, 13/10/2025

HOT DISHES				MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Macaroni Cheese 🍷	OR	BBQ Chicken Pizza Served with Potato Wedges	Roast Gammon Served with Mashed Potato and Gravy	Beef Bolognese Served with Wholewheat Pasta 🍷	Fish Fingers Served with Chips		
OPTION 2	Veggie Meatballs In Tomato Sauce Served with Wholewheat Pasta 🍷🍷🍷	OR	Meatless Feast Cheesy Pizza Served with Potato Wedges 🍷	Sweet Potato, Chickpea and Herb Roast Served with Gravy 🍷	Tex Mex Vegetable Fajita Wrap 🍷🍷	Veggie Fingers Served with Chips 🍷🍷		
OPTION 3	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🍷🍷	OR	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🍷🍷	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🍷🍷	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🍷🍷	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🍷🍷		
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD								
DESSERT	Caramel Mousse	Chocolate Brownie 🍷	Flapjack Served with Fruit or Apple Wedges 🍷	Lemon Emerald Cake	Chocolate Ice Cream			

 **BAKED POTATOES SERVED DAILY**
With a choice of toppings 🍷

 **AVAILABLE DAILY**
Fresh fruit, salad, yoghurt and water

 Vegetarian  Vegan  Oily Fish  Wholegrain  Fruity! **Nutritionist's Choice**

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WEEK 3

W/C: 05/05/2025, 16/06/2025, 07/07/2025, 08/09/2025, 29/09/2025, 20/10/2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Cheese and Tomato Pizza Served with Garlic and Herb Bread	Sausage Hot Dog Served with Potato Wedges	Roast Chicken Served with Roast Potatoes and Gravy	Oat Crusted Chicken Served with Wholegrain Rice	Battered Pollock Served with Chips
OPTION 2	Veggie Supreme Pizza Served with Garlic and Herb Bread	Veggie Sausage Hot Dog Served with Potato Wedges	Roast Quorn Served with Roast Potatoes and Gravy	Meatless Shepherd's Pie Served with Gravy	Quorn Dippers Served with Chips
OPTION 3	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta
HOT DISHES	HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD				
DESSERT	Flapjack	Chocolate Brownie	Lemon Cookie Served with Fruit	Crunchy Chocolate Mousse	Cornflake Tart

BAKED POTATOES SERVED DAILY
With a choice of toppings

AVAILABLE DAILY
Fresh fruit, salad, yoghurt and water

Vegetarian **Vegan** **Oily fish** **Wholegrain** **Fruity!** **Nutritionist's Choice**

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for

Menu_71_002760

THREE WEEK MENU

SPRING/SUMMER 2025



Our new menu chosen by
parents and children –
Your favourites
available every day



Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

Help Us Raise Money by Recycling Printer Cartridges!

We are collecting empty printer cartridges to raise money for school through Recycle 4 Charity. Instead of throwing away your used cartridges, bring them to us and help support our fundraising efforts for our school! Each recycled cartridge contributes to our cause, helping both the environment and our goal.

Simply drop off your empty cartridges at The School Office. Every donation makes a difference—let's recycle and raise funds together! ♻️

**Recycle Your
Ink Cartridges**
and help us raise money!

Recycle  Charity





Naomi Russell

A dedicated and experienced
Music Teacher committed to
providing excellent music tuition.

Fully qualified DBS and up to date safeguarding and GDPR.

Piano / Keyboard Lessons

Individual Lessons: £10 per 20 minute lesson

Individual Lessons: £6 per 10 minute lesson

Small Group Lessons: £5 per pupil per lesson*

*Small Group Lessons - please contact me on the details below for more information.

For further information and to register your interest, please contact me on the details below.

noteswithnay@gmail.com / 07796272287

Lewannick, Launceston PL15 7GE



ART CLUB

THURSDAYS

3:30-4:45pm

LEWANNICK SCHOOL

(non lewannick school children welcome)

KIDS £6 PER CHILD
6-11 all supplies included

THURS

7/11

14/11

21/11

28/11

5/12

12/12

to secure your spot email emma:

hueandmewatercolours@gmail.com

Virtual Sessions with Kooth



Book for free here

Tuesday 27th May

Beyond Year 11: Going into 6th form, college or work
For those in Year 11

11:00am-11:30am

Wednesday 28th May

Transitioning from Year 6 to Secondary School
For Year 6s and a parents/carer

9:00am-9:30am

Thursday 29th May

Beyond Year 13: Going to Uni, into apprenticeships or work
For those in Year 13

11:00am-11:30am

Thursday 29th May

Session for parents/carers supporting your child in transitioning from Year 6 to Secondary School

9:00am-9:30am

Learn how to cope with **change** and look after your **mental health** in our online workshops.



Kooth provides free, safe, anonymous mental health support and counselling for all 11-18 year olds in Cornwall & IoS

kooth.com



Become a Parent Champion



What is a Parent Champion?

Parent Champions are parent volunteers who give a few hours a week to talk to other parents about the local services available to them. **Parent Champions can make a big difference by sharing their experiences and knowledge with other parents.**

Volunteering can help you to...

- Build confidence and skills
- Meet other parents/carers
- Access to free training
- Develop your communication and language skills
- Learn new skills to help you return to work

Are you interested in becoming a Parent Champion?

Do you...

- Live in Cornwall?
- Have a child under 16?
- Use the Family Hubs and other local groups?
- Enjoy meeting and chatting with other parents?

Then why not contact us to find out about our Parent Champion programme?

Visit: fis.cornwall.gov.uk

Email: deborah.manning@cornwall.gov.uk

Call: 07591 444532



**Parent
Champions**
Cornwall



Supported by



Together 
for Families

Parent Champions

Frequently asked questions



What will becoming a Parent or Carer Champion involve?

Parent Champions are parent volunteers who give a few hours a week to talk to other parents about the local services available to them.

Parent Champions can make a big difference by sharing their experiences and knowledge with other parents.

What will I gain from being a Parent Champion?

Being a volunteer can help.

- Build confidence and skills.
- Help you to meet other parents/carers.
- Gives you access to free training.
- Develop your communication and language skills.
- Learn new skills to help you return to work.

I am a legal guardian/carer of a child, can I still become a Parent Champion?

Yes, we welcome all parent/carers to register to become a Parent Champion.

I am a dad/male carer, can I be a Parent Champion?

Yes, we encourage Dads to sign up for our Parent Champion Programme.

How do I apply to become a Parent Champion?

Please email deborah.manning@cornwall.gov.uk for more information or to request an application form.

What happens after I sign-up?

Once we have received your application, the Parent Champion Co-ordinator will be in touch to discuss the next steps.

What training and support will you provide?

Parent Champion volunteers will receive full induction training. Training will consist of 6 hours usually split into two 3-hour sessions. This will either be face to face in a central location or online. Additional training modules will also be available following the induction training.

You will also be supported by the Parent Champion Co-ordinator, the Family Information Service, and the Parent Champions Network who will offer continual support and training.

How much time do I need to give?

Parent Champions can give as much time as suits them and their families. Typically, a parent Champion will volunteer around 2-3 hours a week.

Will my expenses be Paid?

Out of pocket expenses can be claimed for through the Council.

Will becoming a Parent Champion affect my jobseekers' allowance or benefits.

As this is a volunteering role, it should not affect your benefits, however it's always an idea to let your work coach know about your volunteering.

I would like to become a Parent Champion but would need help with childcare to participate – could you help with this?

You are encouraged to attend groups that your child will also enjoy and benefit from, it's during these sessions where you will have the opportunity to chat with other parents. For events where it might not be appropriate to bring your child, the flexibility of this role allows you to choose events that fit around times when you already have childcare available. This ensures that you can still contribute meaningfully while managing your childcare needs.

I can't see a scheme in my local area, but I want to volunteer. What do I do?

Please complete a form to let us know of your interest. We are always looking to see if we can expand our Parent Champion programme and will look into whether this is possible in your area.

I've changed my mind about volunteering, but I have filled out a sign-up form. What should I do?

Please email deborah.manning@cornwall.gov.uk to let us know you have changed your mind, or if you want to discuss your options further.

What documents do I need before starting my role as a Parent Champion?

You will need to complete an application form. Cornwall Council will then complete a DBS check on you. This is a police check to ensure you are suitable to carry out the Parent Champion role. This is free of charge, and we can offer support to complete these forms.

I have signed up but haven't heard from anyone. What should I do?

Please email deborah.manning@cornwall.gov.uk to check we have received your application.

Who will support me?

You will have contact with the Parent Champion Co-Ordinator Debbie. If you have any concerns or questions, please email deborah.manning@cornwall.gov.uk or call 07591 44532.

I'm nervous about volunteering.

It can be scary to start something new especially if you haven't done something like this before. Once you have received your training, you will be able to chat to other parents whilst attending your local groups. We will arrange a meet up in your local area so that you can meet other team member such as parenting support workers who will be able to offer you support when you need it.

Your confidence will grow over time and a good place to start is a group that you are used to attending, talking to parents that you have met before. Once these conversations start you will start to feel more comfortable speaking to people you have not met before. It may also be possible to be paired up with another Parent Champion to help build your confidence.

Contact us

Email: deborah.manning@cornwall.gov.uk

Call: 07591 444532 Web: FIS.Cornwall.gov.uk

