



Lewannick Primary School

Hawks Tor Drive
Lewannick
Launceston
Cornwall
PL15 7QY

NEWSLETTER 19th September 2025

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Head of School: Sally Cook

Dear Parents/Carers,

It's been another great week at school. The children have quickly settled back into the flow of routines, showing such enthusiasm and positivity each day. It's wonderful to see them engaging so well with their learning and supporting one another.

We've been making the most of the fresh air, with lots of opportunities for outdoor activities. We kindly ask that every child has a waterproof coat in school each day. We have only a limited number of spares available, and we want to make sure all children can take part in outdoor play and learning, whatever the weather.

We are very grateful to have been donated a large number of plain white T-shirts and jumpers/cardigans. If your child could make use of any of these, please do let us know or pop into the office — they are available free of charge.

A gentle reminder: if you have a problem or concern, please contact your child's class teacher in the first instance so that they are able to clarify, explain, or help to resolve the matter. Class teachers' email addresses can be found on the school website, or you can contact them via Dojo to request a meeting.

A request from our local community: please be mindful of where you park at drop-off and pick-up times. There have been occasions when residents have been unable to access their driveways or turn safely due to cars parked too close. We kindly ask that, wherever possible, families use the Village Hall car park and walk around to school. Thank you for your support in helping us maintain positive relationships with our neighbours.

Don't forget it is read with your child on Monday morning from 9am. This is a lovely opportunity to take some time out of your day to share some books with your child.

Best wishes
Mrs Sally Cook

If you require this newsletter in an alternative format, for example large print or dyslexia friendly, please email secretary@lewannick.net. This also applies if you require it in a different language.

DATES FOR YOUR DIARY

Sept 25

Mon 22nd—Read with your child 9am

Oct 25

Thurs 2nd—Year 3/4 Sustainability Centre

Thurs 9th—Year 3/4 Sustainability Centre

Wed 15th—Harvest Festival in Lewannick Church—
9.30

Thurs 16th—Year 3/4 Sustainability Centre

w/b 20th—Parent consultations - more details to follow

Thurs 23rd—Halloween Disco 3.15—5pm—Details to follow

Friday 24th—Inset Day

If you are interested in Drum or Guitar Lessons for your child please contact the school office or
info@cornwallmusic tuition.com



Stars of the Week

Theo

Kye, Riley, Jack

Connor, Taylor



Readers of the Week

Tommo

Albie, Paisley

Willow



School Menu



WB 22nd September -Week 2

Year Group	% Attendance	Year Group	% Attendance
R	94.23%	4	100%
1	92.59%	5	83.33%
2	99.07%	6	100%
3	98.15%	Whole School	96.77%

Ambition

Creativity

Relationships

What Parents & Educators Need to Know about

SNAP STREAK

97

WHAT ARE THE RISKS?

SNAPCHAT

AGE RESTRICTION
13+

With over 900 million active monthly users and billions of 'Snaps' sent each month, Snapchat is a popular messaging app among children and young people. It allows users to share fun, spontaneous pictures and videos with friends and family while using playful filters. One of Snapchat's unique features is that pictures, videos and messages are only viewable for a short period of time.

ARTIFICIAL INTELLIGENCE

Snapchat's use of artificial intelligence (AI) includes features like the 'My AI' chatbot and AI-powered filters, offering interactive experiences that can be fun but also pose risks. These tools may share unfiltered or inaccurate responses, promote unrealistic beauty standards, and collect personal data. Advanced filters and deepfake-style lenses can distort reality, potentially leading to manipulation, impersonation, or inappropriate content.

SCREEN ADDICTION

Snapchat boosts user engagement and daily use with features like streaks (daily Snapchat exchanges between you and a friend). When a streak's been going for a few days, users will see a 🔥 emoji. The number alongside it shows the number of days, but if users miss a day and break the streak, the only way to restore it is to pay. This encourages daily use habits, and frequent notifications can keep users returning to the app even more often.

SEXTORTION

Because Snapchat's disappearing messages feature may foster a sense of safety, users may become targets of sextortion. For example, a predator may pressure someone into sending nude images, then somehow capture those images to threaten and intimidate the victim. This might involve claiming they will share the images with friends or family unless money is paid.

SNAPCHAT+

Snapchat+ is the platform's premium subscription service, offering early access to new and exclusive features. In June 2025, Snapchat introduced a new tier called *lense+*, giving subscribers access to hundreds of lenses and AR experiences for playing, creating, and sharing Snaps. These paid features may encourage young users to spend money to access exclusive content, increasing the risk of overspending or feeling pressured to make in-app purchases.

ACCESSIBILITY

Snapchat is now accessible from a web browser, meaning children can use it on a laptop or tablet without downloading the app. This can make activity harder to monitor, reduce the effectiveness of parental controls, and increase the risk of unsupervised communication or exposure to inappropriate content.

INAPPROPRIATE CONTENT

Some content on Snapchat isn't suitable for children. The hashtags used to group content are determined by the poster, so even an innocent search term could still yield age-inappropriate results. The app's disappearing messages feature also makes it easy for young people to share explicit images on impulse – so sexting continues to be a risk associated with Snapchat.

Advice for Parents & Educators

ACCESS THE SNAPCHAT FAMILY SAFETY HUB

Created with guidance from Common Sense Media, Snapchat has developed a Family Safety Hub that explains how the app works and how to use its in-app protections for teens. It's recommended that you review this guidance before allowing a child to download Snapchat. Remember, the app is only intended for children aged 13 and over.

BLOCK AND REPORT

If a stranger connects with a child on Snapchat and makes them feel uncomfortable by pressuring them to send or receive unwanted or inappropriate images, the child can tap the three dots on that person's profile to report or block them. There are options to state why they're reporting that user, with a tailored reporting section under the 'Nudity and Sexual Content' category. In this category, there's the option to report somebody for threatening to leak sexually explicit images or 'nudes'.

ENCOURAGE OPEN DISCUSSIONS

Snapchat's risks can be easier to handle if you nurture an open dialogue. Talk about scams and blackmail before letting children sign up. If they're lured into a scam, encourage them to tell you immediately. Talk openly and non-judgementally about sexting, emphasising its inherent risks. Furthermore, explain how popular 'challenges' on the platform can have harmful consequences.

USE PRIVACY SETTINGS TOGETHER

Sit down with the children in your care and adjust Snapchat's privacy settings as a shared activity. You can help them adjust who can contact them, view their stories, or see their location on Snap Map. It's a good opportunity to explain why some settings are safer than others, reinforcing their understanding of online boundaries. Encourage them to regularly review these settings, especially after app updates or changes in their friendship groups.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian Government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



#WakeUpWednesday

The National College

WEEK 1

W/C: 21/04/2025, 12/05/2025, 02/06/2025, 23/06/2025, 14/07/2025, 15/09/2025, 06/10/2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Cheese and Tomato Pizza Served with Garlic and Herb Bread 🌱	BBQ Chicken Served with Rainbow Rice 🌱	Roast Chicken Served with Roast Potatoes and Gravy	Classic Beef Burger Served with Potato Wedges	Battered Pollock Served with Chips
OPTION 2	Cheesy Bean Tortilla Toastie Served with Potato Wedges 🌱	Macaroni Cheese 🌱	Roast Quorn Served with Roast Potatoes and Gravy	Quorn Burger Served with Potato Wedges 🌱	Veggie Fingers Served with Chips
OPTION 3	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🌱	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🌱	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🌱	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🌱	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🌱
HOT DISHES	HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD				
DESSERT	Shortcake 🌱	Chocolate Brownie 🌱	Banoffee Pie	Ginger Biscuit Served with Fruit 🌱	Strawberry Ice Cream

**BAKED POTATOES SERVED DAILY**
With a choice of toppings 🌱

**AVAILABLE DAILY**
Fresh fruit, salad, yoghurt and water

✓ Vegetarian 🌱 Vegan 🌱 Oily Fish 🐟 Wholegrain 🍌 Fruity! 🍌 Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for

WEEK 2

W/C: 28/04/2025, 19/05/2025, 09/06/2025, 30/06/2025, 21/07/2025, 01/09/2025, 22/09/2025, 13/10/2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Macaroni Cheese 🌱	BBQ Chicken Pizza Served with Potato Wedges	Roast Gammon Served with Mash and Potato and Gravy	Beef Bolognese Served with Wholewheat Pasta 🌱	Fish Fingers Served with Chips
OPTION 2	Veggie Meatballs In Tomato Sauce Served with Wholewheat Pasta 🌱	Meatless Feast Cheesy Pizza Served with Potato Wedges 🌱	Sweet Potato, Chickpea and Herb Roast Served with Gravy 🌱	Tex Mex Vegetable Fajita Wrap 🌱	Veggie Fingers Served with Chips
OPTION 3	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🌱	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🌱	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🌱	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🌱	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🌱
HOT DISHES	HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD				
DESSERT	Caramel Mousse	Chocolate Brownie 🌱	Flapjack Served with Fruit or Apple Wedges 🌱	Lemon Emerald Cake	Chocolate Ice Cream

**BAKED POTATOES SERVED DAILY**
With a choice of toppings 🌱

**AVAILABLE DAILY**
Fresh fruit, salad, yoghurt and water

✓ Vegetarian 🌱 Vegan 🌱 Oily Fish 🐟 Wholegrain 🍌 Fruity! 🍌 Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for

Ambition

Creativity

Relationships

WEEK 3

W/C: 05/05/2025, 16/06/2025, 07/07/2025, 08/09/2025, 29/09/2025, 20/10/2025

HOT DISHES		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
OPTION 1	OPTION 2	OPTION 3	Cheese and Tomato Pizza Served with Garlic and Herb Bread 🍴	Sausage Hot Dog Served with Potato Wedges	Roast Chicken Served with Roast Potatoes and Gravy	Oat Crusted Chicken Served with Wholegrain Rice 🍴	Battered Pollock Served with Chips				
			OR	OR	OR	OR	OR				
			Veggie Supreme Pizza Served with Garlic and Herb Bread 🍴	Veggie Sausage Hot Dog Served with Potato Wedges 🍴	Roast Quorn Served with Roast Potatoes and Gravy 🍴	Meatless Shepherd's Pie Served with Gravy 🍴	Quorn Dippers Served with Chips 🍴				
OPTION 1	OPTION 2	OPTION 3	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🍴	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🍴	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🍴	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🍴	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🍴				
			OR	OR	OR	OR	OR				
			HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD								
DESSERT		Flapjack 🍴	Chocolate Brownie 🍴	Lemon Cookie Served with Fruit 🍴	Crunchy Chocolate Mousse	Cornflake Tart					



BAKED POTATOES SERVED DAILY

With a choice of toppings



AVAILABLE DAILY

Fresh fruit, salad, yoghurt and water



Vegetarian



Vegan



Oily fish



Wholegrain



Fruity!



Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

Menu_71_003760

THREE WEEK MENU

SPRING/SUMMER 2025



Our new menu chosen by parents and children – Your favourites available every day



Help Us Raise Money by Recycling Printer Cartridges!

We are collecting empty printer cartridges to raise money for school through Recycle 4 Charity. Instead of throwing away your used cartridges, bring them to us and help support our fundraising efforts for our school! Each recycled cartridge contributes to our cause, helping both the environment and our goal.

Simply drop off your empty cartridges at The School Office. Every donation makes a difference—let's recycle and raise funds together! ♻️

**Recycle Your
Ink Cartridges**
and help us raise money!

Recycle  Charity





Naomi Russell

A dedicated and experienced
Music Teacher committed to
providing excellent music tuition.

Fully qualified DBS and up to date safeguarding and GDPR.

Piano / Keyboard Lessons

Individual Lessons: £10 per 20 minute lesson

Individual Lessons: £6 per 10 minute lesson

Small Group Lessons: £5 per pupil per lesson*

*Small Group Lessons - please contact me on the details below for more information.

For further information and to register your interest, please contact me on the details below.

noteswithnay@gmail.com / 07796272287

Lewannick, Launceston PL15 7GE



ARGYLE COMMUNITY TRUST SATURDAY MORNING CENTRES



EVERY SATURDAY (EXCL BANK HOLIDAYS)

9:00-10:00



**LAUNCESTON 3G
DOBWALLS FOOTBALL CLUB
MOUNT KELLY PREP**



MORE INFORMATION

RYAN.MATTHEWS@PAFC.CO.UK



Ambition

Creativity

Relationships

Anticipatory Grief Support

Support for families with children when a parent/carer has a terminal illness.



gunnerskids.org



Activity Day

with indoor and outdoor activities at

The Roseland Centre

Sun, 21 Sep 11am - 3pm

THIS IS A
FREE
ACTIVITY

Take part in a variety of indoor and outdoor activities at this amazing Centre set in stunning countryside. Lunch provided



gunnerskids.org

For families with children when a parent/carer has a terminal illness

Ambition

Creativity

Relationships

CALLINGTON COMMUNITY COLLEGE

OPEN EVENING

25 SEPTEMBER 2025



WESTCOUNTRY
SCHOOLS TRUST



Courageous
Ambitious
Respectful
Encouraging

Everything is Possible

FIND US ONLINE | WWW.CALLINGTONCC.NET

There are few decisions more important than choosing the right school for your child.

We invite you to come and visit us and see for yourself all that the College has to offer.

Proud to serve our community.

OPEN EVENING

25 September
5pm - 7pm

OPEN DAY TOURS

29 September
9:00am - 9:45am
10:00am - 10:45am
2:00pm - 2:45pm

Scan here or visit our website to sign up for a tour

