



Lewannick Primary School

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Lewannick
Launceston
Cornwall
PL15 7QY

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Head of School: Sally Cook

NEWSLETTER 17th October 2025

Dear Parents/Carers,

Firstly, a huge thank you to everyone who came along to our Harvest Festival! It was such a lovely event with a wonderful community feel. I wonder how many of you are still singing *Potatoes and Conkers*!

We really appreciated all the parents and carers who lined the roads in Lewannick to help keep the children safe — your support makes such a difference.

Attendance has much improved, with the whole school now above the national average and two year groups achieving 100%! This is fantastic news — let's keep it up!

Don't forget, we have two important events coming up next week — parent consultations and the Halloween disco. We love the opportunity to talk about your child's progress and explore ways we can work together to support them both at home and in school. Please book your slot through Arbor. If it's easier for you to have a phone call or remote meeting, please email your child's class teacher directly. On Thursday after school, we will be having our Halloween disco! Pasties and sausage rolls will be provided. Children should bring their costumes into school with them to change into for the disco.

Last week, our cross country team completed their first run of the season, with a few Year 3 children taking part for the very first time. They all had a fantastic time and ran their best, with some great successes. Many of the children have already beaten their placings from last season — well done to everyone!

Wishing you all a wonderful weekend! Thank you for your continued support — it really makes a difference to our school community. We look forward to seeing you at parent consultations and the Halloween disco next week!

Best Wishes

Mrs Sally Cook

Head of School

If you require this newsletter in an alternative format, for example large print or dyslexia friendly, please email secretary@lewannick.net. This also applies if you require it in a different language.

DATES FOR YOUR DIARY

Oct 25
w/b 20th—Parent consultations
Thurs 23rd—Halloween Disco 3.15—5pm
Friday 24th—Inset Day
Monday 27th—Friday 31st—HALF TERM
Nov 25
Friday 14th—Individual School Photos—Tempest
Dec 25
Monday 8th—Hall for Cornwall Panto!—More details to follow
Monday 15th—Hedgehogs Xmas Performance PM
Tuesday 16th—Hedgehogs Xmas Performance AM
Tuesday 16th—KS2 Xmas Performance PM
Wednesday 17th—KS2 Xmas Performance AM
Thursday 18th—Pop Up Play Village—EYFS
Friday 19th—Last day of Term
Monday 22nd-Friday 2nd January 26 —Xmas Holiday
Jan 26
Monday 5th—Inset Day
Tuesday 6th—All back in school

Stars of the Week

Teddy, Lochlan,

Taylor, Isaac

Sallie



Readers of the Week

Norah,

Alfie C

Robbie



School Menu

WB 20th October -Week 3



Year Group	% Attendance	Year Group	% Attendance
R	84.91%	4	96.3%
1	92.59%	5	90.28%
2	100%	6	100%
3	96.3%	Whole School	96.25%

Ambition

Creativity

Relationships

Pre-School Update

Pre-school had a wonderful time exploring the changes that come with autumn. They went to explore our outdoor areas, to hunt for Autumn coloured leaves. The children did a great job finding all sorts of colours, talking about what colours they see.

We are focusing on the book *Seren's Harvest*. We will be learning all about the Harvest Festival and the different types of food it celebrates.

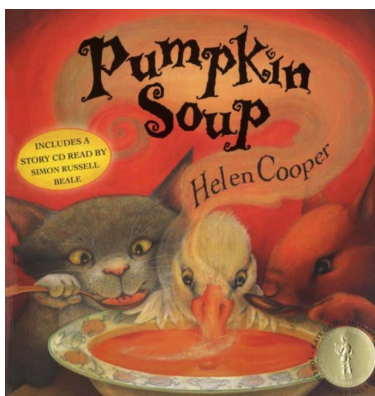
We will explore the importance of farmers and the role they play in growing and harvesting our food. We will also learn about the machines they use- such as tractors.

We've also been learning about the importance of keeping ourselves safe. This includes understanding that our private parts are private. We've used age-appropriate songs to help support this learning in a safe way.



Hedgehogs Class Update

This week, Reception have been exploring the story *Pumpkin Soup*, while Year 1/2 have transformed into superheroes through the book *Send for a Superhero*. They loved designing their own superhero characters and using their writing skills to include adjectives and conjunctions. We've also continued to enjoy our music lessons with Mr Harrison and PE with Mr Masters. Next week, our busy learning time will focus on autumn, pumpkins, and Diwali — very exciting!

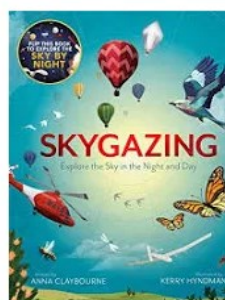


Otter Class Update

Otters have had another great week with some great indoor and outdoor learning experiences.

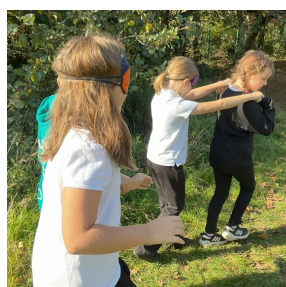
In PE we have finished our gymnastics unit and did a brilliant 'show' to each other demonstrating the new skills we have learnt and those which we have improved on. We have now had our final session at the Woodlands Skills Centre where we have been focusing on survival skills. This week, we built our own shelters and cooked different fruits over the fire. During these sessions we have shown many of the capabilities curriculum 'flags' including leadership, planning and problem solving and communication.

In RE we have been learning about Hinduism and specifically the different deities and the way in which people who follow Hinduism worship. We have found this really interesting but also a little challenging.



Kestrel Class Update

After a busy couple of weeks, we have carried on our art and have created some fantastic pieces of artwork. As you can see from the pictures, we carved our designs into pieces of lino, then used a thick, black ink to create some fantastic prints into our sketchbooks. Well done to Kestrel Class and Miss Wakley for some brilliant learning experiences! We have also moved onto a new text in writing where we are learning about a 3000-year-old story called 'The Odyssey'. I have been really impressed with some of the writing we have created so far. In Wild Tribe, we have been focusing on the skills of sawing, to create some discs from logs, and we have been working on our teamwork and communication skills. We have been using blindfolds to play games which really help us to think about how to give instructions and look after our peers.



WEEK 1

W/C: 21/04/2025, 12/05/2025, 02/06/2025, 23/06/2025, 14/07/2025, 15/09/2025, 06/10/2025

HOT DISHES				MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	OPTION 2	OPTION 3	Cheese and Tomato Pizza Served with Garlic and Herb Bread 🍷	BBQ Chicken Served with Rainbow Rice 🍷	Roast Chicken Served with Roast Potatoes and Gravy	Classic Beef Burger Served with Potato Wedges	Battered Pollock Served with Chips	
			OR	OR	OR	OR	OR	
			Cheesy Bean Tortilla Toastie Served with Potato Wedges 🍷	Macaroni Cheese Served with Potato Wedges 🍷	Roast Quorn Served with Roast Potatoes and Gravy 🍷	Quorn Burger Served with Potato Wedges 🍷	Veggie Fingers Served with Chips 🍷🍷🍷	
OPTION 3	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🍷🍷🍷	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🍷🍷🍷	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🍷🍷🍷	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🍷🍷🍷	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🍷🍷🍷			
	HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD							
	Shortcake 🍷	Chocolate Brownie 🍷	Banoffee Pie	Ginger Biscuit Served with Fruit 🍷🍷	Strawberry Ice Cream			
DESSERT								

**BAKED POTATOES SERVED DAILY**
With a choice of toppings 🍷

**AVAILABLE DAILY**
Fresh fruit, salad, yoghurt and water

Vegetarian 🍷 Vegan 🍷 Oily Fish 🍷 Wholegrain 🍷 Fruity! 🍷 Nutritionist's Choice 🍷

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for

WEEK 2

W/C: 28/04/2025, 19/05/2025, 09/06/2025, 30/06/2025, 21/07/2025, 01/09/2025, 22/09/2025, 13/10/2025

HOT DISHES					HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD				DESSERT		
OPTION 1	OPTION 2	OPTION 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Lemon Emerald Cake		Chocolate Ice Cream	
1	2	3	Macaroni Cheese Served with Potato Wedges 🍷	BBQ Chicken Pizza Served with Potato Wedges	Roast Gammon Served with Mashed Potato and Gravy	Beef Bolognese Served with Wholewheat Pasta 🍷	Fish Fingers Served with Chips	OR	OR	OR	
			OR	OR	OR	OR	OR				OR
			Veggie Meatballs In Tomato Sauce Served with Wholewheat Pasta 🍷	Meatless Feast Cheesy Pizza Served with Potato Wedges 🍷	Sweet Potato, Chickpea and Herb Roast Served with Gravy	Tex Mex Vegetable Fajita Wrap 🍷	Veggie Fingers Served with Chips				Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🍷
			Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🍷	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🍷	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🍷	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🍷	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🍷				
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD											
DESSERT			Caramel Mousse	Chocolate Brownie 🍷	Flapjack Served with Fruit or Apple Wedges 🍷	Lemon Emerald Cake		Chocolate Ice Cream			

**BAKED POTATOES SERVED DAILY**
With a choice of toppings 🍷

**AVAILABLE DAILY**
Fresh fruit, salad, yoghurt and water

Vegetarian 🍷 Vegan 🍷 Oily Fish 🍷 Wholegrain 🍷 Fruity! 🍷 Nutritionist's Choice 🍷

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WEEK 3

W/C: 05/05/2025, 16/06/2025, 07/07/2025, 08/09/2025, 29/09/2025, 20/10/2025

HOT DISHES		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
OPTION 1	OPTION 2	OPTION 3	Cheese and Tomato Pizza Served with Garlic and Herb Bread 🍞	Sausage Hot Dog Served with Potato Wedges	Roast Chicken Served with Roast Potatoes and Gravy	Oat Crusted Chicken Served with Wholegrain Rice 🍚	Battered Pollock Served with Chips				
			OR	OR	OR	OR	OR				
			Veggie Supreme Pizza Served with Garlic and Herb Bread 🍞	Veggie Sausage Hot Dog Served with Potato Wedges 🍷	Roast Quorn Served with Roast Potatoes and Gravy 🍷	Meatless Shepherd's Pie Served with Gravy 🍷	Quorn Dippers Served with Chips 🍷				
			OR	OR	OR	OR	OR				
			Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🍷	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🍷	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🍷	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🍷	Tomato Pasta Fresh, Homemade Tomato Sauce with Pasta 🍷				
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD											
DESSERT	Flapjack 🍷	Chocolate Brownie 🍷	Lemon Cookie Served with Fruit 🍷	Crunchy Chocolate Mousse	Comflake Tart						

BAKED POTATOES SERVED DAILY
With a choice of toppings

AVAILABLE DAILY
Fresh fruit, salad, yoghurt and water

Vegetarian
 Vegan
 Oily fish
 Wholegrain
 Fruity!
 Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

Menu_71_003760

THREE WEEK MENU

SPRING/SUMMER 2025



Our new menu chosen by parents and children – Your favourites available every day



Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

Chartwells
Schools



Guitar Lessons

Learning the guitar is very beneficial for your hand-eye-ear coordination, and is a very good way to develop your listening skills, both musically and within a social context. The guitar provides a great platform to master rhythm, melody and harmony – three backbone elements of a solid music education.

Playing the guitar breeds attention to detail and teaches a specific skill set for performing small, delicate movements of both hands. Because of this, guitarists have excellent dexterity and are able to apply this outside of music in learning other tasks.

Finally but not least importantly, learning to play an instrument teaches patience, discipline, and we have had numerous feedback from other parents to detail how much confident their child is since picking up the guitar.



Drum Lessons

Drum lessons play a pivotal role in nurturing musicianship and personal development. Beyond just learning to play beats and rhythms, these lessons offer a wealth of benefits. They cultivate discipline and focus, as mastering intricate patterns demands consistent practice and concentration. Drumming also enhances coordination and motor skills, fostering a strong mind-body connection.

Drumming serves as a powerful emotional outlet, allowing individuals to express themselves creatively and release stress. Overall, drum lessons not only shape skilled percussionists but also contribute to holistic growth by fostering discipline, coordination, musicality, teamwork, and emotional well-being.

To apply for lessons please go to
www.cornwallmusictuition.com/apply

Or scan the QR code below



Help Us Raise Money by Recycling Printer Cartridges!

We are collecting empty printer cartridges to raise money for school through Recycle 4 Charity. Instead of throwing away your used cartridges, bring them to us and help support our fundraising efforts for our school! Each recycled cartridge contributes to our cause, helping both the environment and our goal.

Simply drop off your empty cartridges at The School Office. Every donation makes a difference—let's recycle and raise funds together! ♻️

**Recycle Your
Ink Cartridges**
and help us raise money!

Recycle  Charity





Naomi Russell

A dedicated and experienced
Music Teacher committed to
providing excellent music tuition.

Fully qualified DBS and up to date safeguarding and GDPR.

Piano / Keyboard Lessons

Individual Lessons: £10 per 20 minute lesson

Individual Lessons: £6 per 10 minute lesson

Small Group Lessons: £5 per pupil per lesson*

*Small Group Lessons - please contact me on the details below for more information.

For further information and to register your interest, please contact me on the details below.

noteswithnay@gmail.com / 07796272287

Lewannick, Launceston PL15 7GE





**Cornwall
Wildlife Trust**



Cornwall Partnership
NHS Foundation Trust

The Mental Health Support Team warmly
invite you to attend...

Wild Wellbeing

During October half term MHST, in collaboration with Natural England, Cornwall Wildlife Trust and National Trust, would like you to join us on a FREE Halloween Wild Wellbeing session at various locations across Cornwall.

This is for parents and children aged 5-12 in Cornwall to help understand and support emotional and mental wellbeing.

Please book EACH child on to a session

Sessions available at:

Golitha Falls - Tuesday 28 October

Lanhydrock - Wednesday 29 October

Dipping Pond, Goss Moor - Thursday 30 October

Tehidy Woods - Friday 31 October

*Free parking at all sites

Activities will last approx. 2 hours

Please feel free to drop in from 10am, activities end at 1pm

To request a place, complete the online
form or scan the QR code provided:

<https://forms.office.com/e/fwtSJ59Cuv>



Follow us on Facebook for updates
and upcoming events:

Cornwall Mental Health Support
Team (MHST)



MONTHLY DROP-INS

Refreshments provided

Edward Hain Centre, St Ives
Third Tuesday of every month 2pm to 4pm

St Austell Library
Third Friday of every month 10am to 12pm

Launceston Health Hub
Second Wednesday of every month 10am to 12pm

Open to families looking for support or anyone wishing to find out more about our services.
For families with children when a parent/carer has a terminal illness

gunnerskids.org



gunners kids

HALLOWEEN FUN AND AGM

SUN 26TH OCT 11AM TO 2PM

AT ST BLAZEY FAMILY HUB



Magician, music & crafts

BOOKING IS ESSENTIAL

Activity Day

with Memory Making Workshop at Wheal Martyn

Sun, 2 November 11am - 3pm

For families with children when a parent/carer has a terminal illness

Come and join us! Our Activity Day includes access to the museum and grounds as well as a Memory Making Workshop, where you can create a memory book to take home.



gunnerskids.org

gunners kids

Extra Support this Christmas

We know how tough things can be when a parent or carer is facing a terminal illness — especially around the holidays.

That's why we've extended our Crisis Fund to offer shopping vouchers for a range of retailers, helping families with children prepare for Christmas.

Whether it's gifts, food, or essentials - don't go without this year. We're here to help.



gunnerskids.org

gunners kids

#ChristmasSupport #FamilySupport #CrisisFund #YouAreNotAlone

Christmas PARTY

December 14th | 11am to 2pm

St Erme Community Centre

Enchanting magic show
Hands-on Christmas crafts
Music to get everyone in the spirit

Plus, Santa himself will make a special appearance bringing a gift for every child!

SCAN QR CODE FOR FULL DETAILS

For families with children when a parent/carer has a terminal illness. FREE

gunnerskids.org

gunners kids

Ambition

Creativity

Relationships



Allantide

A Cornish Autumn Celebration

Wednesday 29th October

10.00am - 3.30pm

Apple Decorations **£1.00**

Site Entry **FREE**

Craft activities **FREE**

Badge Making **£1.00**

Activity Trail **FREE**

Pop up caf serving drinks,
snacks and cakes.

Join us for a fun-filled family day out celebrating
Autumn. Explore our beautiful site and learn about
October festivals around the World



Well behaved dogs on leads welcome



U18's must be accompanied by an adult

Kehelland Trust,
Kehelland
Camborne,
TR14 0DD
01209 613153

Scan to find us
on Google maps



Kehelland Trust,
Kehelland
Camborne.
TR14 0DD
01209 613153



All Things Batty!

Wednesday
29th October
5.00pm- 7.30pm

Join us for an evening learning about our
night flying residents.

Games

Walk around
site

Talk by a
local expert

Bat box building £5 per box

Tickets available from our website

www.kehellandtrust.org.uk

£5 per person including a filled jacket potato

Scan to find us
on Google maps



Well behaved dogs on leads welcome



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