



Lewannick Primary School

Hawks Tor Drive
Lewannick
Launceston
Cornwall
PL15 7QY

NEWSLETTER 28th November 2025

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Web Address: www.lewannick.cornwall.sch.uk

Head of School: Sally Cook

Dear Parents/Carers,

We've had another few fantastic weeks here at school, filled with energy and excitement!

A big thank you to all the parents and carers who attended Read with Your Child on Monday. These sessions really set up the week in such a positive way and provide a lovely opportunity for parents to spend time solely reading with their child/ren.

Our classrooms are buzzing with rehearsals as children begin practising for their Christmas performances. Songs are being sung, lines are being learned, and costumes are coming together beautifully. We can't wait to share these magical moments with you soon!

A huge well done to the pupils who represented our school at recent tag rugby festivals and cross country events. Their enthusiasm, teamwork, and sportsmanship made us incredibly proud.

Despite the numerous viruses going around, attendance has remained strong. We're only slightly below the national expected percentage, which is a great achievement. A special shout-out to Reception and Year 3, who both achieved 100% attendance this week, with Year 6 very close behind. Let's keep up the momentum!

This week your child will have been sent home with raffle tickets for the infamous colour raffle run by the PTA. The content of the raffle prizes will be determined by what is donated in response to non-school uniform day next Friday (5th). Thank you in advance for your support.

Have a great weekend

Best Wishes

Mrs Sally Cook

If you require this newsletter in an alternative format, for example large print or dyslexia friendly, please email secretary@lewannick.net. This also applies if you require it in a different language.

DATES FOR YOUR DIARY

Dec 25

Friday 5th—Sharing Time 2.30pm

Friday 5th—Non School Uniform/Xmas Jumper day for a PTA colour donation

Monday 8th—Hall for Cornwall Panto!

Tuesday 9th—Pre-school Nativity 10am

Thursday 11th—Pre-school Nativity 10am

Friday 12th—Christmas Fayre—1.30– 3.30. ALL WELCOME

Monday 15th—Hedgehogs Xmas Performance PM

Tuesday 16th—Hedgehogs Xmas Performance AM

Tuesday 16th—KS2 Xmas Performance PM

Wednesday 17th—KS2 Xmas Performance AM

Wednesday 17th—School Xmas Dinner

Wednesday 17th—Christmas Film Night—details to follow

Thursday 18th—Christmas Shopping Day—details to follow

Thursday 18th—Pop Up Play Village—EYFS

Friday 19th—Last day of Term

Monday 22nd-Friday 2nd January 26 —Xmas Holiday
Jan 26

Monday 5th—Inset Day

Tuesday 6th—All back in school

Lew and Nick Bears

Lew— Emily

Nick— Kamilla



Stars of the Week

Seren, Arla

Eleni, Freddie, Sallie



Readers of the Week

Norah,

Ada, Eleni



School Menu

WB 01 December -Week 2



Year Group	% Attendance	Year Group	% Attendance
R	100%	4	96.3%
1	93.06%	5	72.22%
2	97.92%	6	99.26%
3	100%	Whole School	95.31%

Ambition

Creativity

Relationships

Fox Cubs—Pre-School Update

Over the past couple of weeks, our pre-school children have been busy exploring the wonders of autumn. They have enjoyed using natural resources to create beautiful autumnal pictures, experimenting with seasonal colours through art activities, and immersing themselves in autumn-themed stories. These experiences have sparked curiosity, creativity, and a deeper understanding of the changes happening in the world around them. The children also enjoyed a fun autumn walk around the village, which culminated in a visit to the village play park. This outing provided wonderful opportunities to build on important social skills such as waiting for their turn and helping their friends, all while engaging in lots of joyful play together.



Hedgehogs Class Update

We've been working really hard in class over the last couple of weeks! We finished reading *Lubna and the Pebble* and produced some fantastic pieces of writing inspired by the story. This week, we began our new text, *Jim and the Beanstalk*. The children enjoyed discovering that it is a sequel to *Jack and the Beanstalk* and shared other sequels they already know. We have also started practising our class play. Thank you for your support in helping the children learn their lines at home, it is making a real difference. In P.E., the children have been enjoying their gymnastics lessons and are showing great enthusiasm. We are all looking forward to getting into the Christmas spirit over the next two weeks!



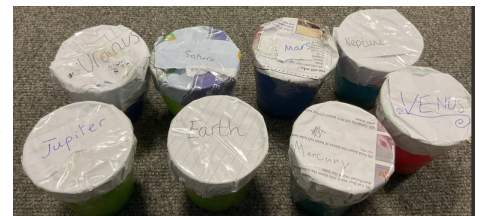
Otter Class Update

This week in Otter Class has been filled with curiosity and creativity. In writing, we explored our new text, *Until I Met Dudley*, and had great fun inventing our own wonderfully silly explanations for how different creations might work. In DT, we strengthened our helmets by adding extra materials and decorating them to match our design criteria. They're looking fantastic, and we can't wait to test their strength next week. We also had a big focus on learning our times tables, and the children have made brilliant progress. Thank you for all your support at home!



Kestrel Class Update

After another busy couple of weeks in Kestrel class, we have lots to report. We finished our class text of 'Who Let The Gods Out' by Maz Evans, to which the book reviews written on it, were very popular! Fingers crossed, some of our class enjoyed it enough that they will continue to read the other books in the series. In Science, we have continued our learning on space and have been exploring how different planets have different amounts of gravity, resulting in the same object feeling lighter or heavier than on Earth. We completed an experiment where we saw this first hand and saw how much heavier or lighter a cup containing 200 grams of rice felt on our solar systems other planets, compared to Earth. In Wild Tribe, we have started to clear the garden, ready to plant some vegetables. The difference that us and Otter class have made in only a few hours is immense! We have also received an order of Wild Tribe and gardening equipment resources, ready to get planting in the next few weeks.



WEEK 1

W/C: 03/11/2025, 24/11/2025, 05/01/2026, 26/01/2026, 09/03/2026, 30/03/2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Cheese and Tomato Pizza with Garlic Bread or Pasta Salad	Beef Bolognese with Wholewheat Pasta	Roast Chicken with Roast Potatoes and Gravy	Chinese Sticky Lemon Chicken with Wholegrain Rice	Fish Fingers with Chips
OPTION 2	BBQ Vegetable Wrap with Potato Wedges	Vegetarian Bolognese with Wholewheat Pasta	Roast Quorn with Roast Potatoes and Gravy	Cheesy Vegetable Hotpot	Quorn Dippers with Chips
OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta
DESSERT	Crunchy Apple Slice	Strawberry Shortcake Mousse	Oat Cookie	Apple Crumble with Custard	Berry Blondie

HOT DISHES

HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD



BAKED POTATOES SERVED DAILY
With a choice of toppings

Vegetarian
 Vegan
 Oily Fish
 Wholegrain
 Fruity!
 Nutritionalist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.



AVAILABLE DAILY
Fresh fruit, salad, yoghurt and water

Vegetarian
 Vegan
 Oily Fish
 Wholegrain
 Fruity!
 Nutritionalist's Choice

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WEEK 2

W/C: 10/11/2025, 01/12/2025, 12/01/2026, 02/02/2026, 23/02/2026, 16/03/2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Macaroni Cheese	Pork Sausages with Mashed Potatoes and Gravy	Roast Chicken with Roast Potatoes and Gravy	BBQ Chicken with Rainbow Rice	Battered Pollock with Chips
OPTION 2	Veggie Burrito with Wholegrain Rice	Vegetarian Sausage with Mashed Potatoes and Gravy	Sweet Potato, Chickpea and Herb Roast with Roast Potatoes and Gravy	Cheese and Tomato Pizza with Garlic Bread or Pasta Salad	Beany Vegetable Burger with Chips
OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta
DESSERT	Chocolate Caramel Crunch	Flagjack	Chocolate Brownie	Apple and Golden Syrup Sponge with Custard	Chocolate Cookie

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WEEK 3

W/C: 17/11/2025, 08/12/2025, 19/01/2026, 09/02/2026, 02/03/2026, 23/03/2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1 Cheese and Tomato Pizza with Garlic Bread or Pasta Salad	Beef Meatballs in Tomato Sauce with Wholewheat Pasta	Roast Gammon with Mashed Potatoes and Gravy	Chicken and Broccoli Pasta Bake with Garlic Bread	Battered Pollock with Chips
	OPTION 2 Veggie Meat Feast Pizza with Potato Wedges	Veggie Chilli Con Carne With Crispy Tortilla with Wholegrain Rice	Vegetable Pastry Slice with Mashed Potatoes and Gravy	Macaroni Cheese	Onion Bhaji Burger Served with Chips
	OPTION 3 Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD					
DESSERT	Chocolate Marble Cake	Orange Glazed Sticky Sponge Cake with Custard	Lemon Cookie	Crunchy Chocolate Mousse	Fruits of the Forest Jelly



BAKED POTATOES SERVED DAILY
With a choice of toppings



AVAILABLE DAILY
Fresh fruit, salad, yoghurt and water

Vegetarian

Vegan

Oily Fish

Wholegrain

Fruity!

Nutritionist's Choice

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Menu_08_007606

THREE WEEK MENU

AUTUMN/WINTER 2025

Our new menu chosen by parents and children – Your favourites available every day





Guitar Lessons

Learning the guitar is very beneficial for your hand-eye-ear coordination, and is a very good way to develop your listening skills, both musically and within a social context. The guitar provides a great platform to master rhythm, melody and harmony – three backbone elements of a solid music education.

Playing the guitar breeds attention to detail and teaches a specific skill set for performing small, delicate movements of both hands. Because of this, guitarists have excellent dexterity and are able to apply this outside of music in learning other tasks.

Finally but not least importantly, learning to play an instrument teaches patience, discipline, and we have had numerous feedback from other parents to detail how much confident their child is since picking up the guitar.



Drum Lessons

Drum lessons play a pivotal role in nurturing musicianship and personal development. Beyond just learning to play beats and rhythms, these lessons offer a wealth of benefits. They cultivate discipline and focus, as mastering intricate patterns demands consistent practice and concentration. Drumming also enhances coordination and motor skills, fostering a strong mind-body connection.

Drumming serves as a powerful emotional outlet, allowing individuals to express themselves creatively and release stress. Overall, drum lessons not only shape skilled percussionists but also contribute to holistic growth by fostering discipline, coordination, musicality, teamwork, and emotional well-being.

To apply for lessons please go to
www.cornwallmusictuition.com/apply

Or scan the QR code below



Help Us Raise Money by Recycling Printer Cartridges!

We are collecting empty printer cartridges to raise money for school through Recycle 4 Charity. Instead of throwing away your used cartridges, bring them to us and help support our fundraising efforts for our school! Each recycled cartridge contributes to our cause, helping both the environment and our goal.

Simply drop off your empty cartridges at The School Office. Every donation makes a difference—let's recycle and raise funds together! ♻️

**Recycle Your
Ink Cartridges**
and help us raise money!

Recycle  Charity





Naomi Russell

A dedicated and experienced
Music Teacher committed to
providing excellent music tuition.

Fully qualified DBS and up to date safeguarding and GDPR.

Piano / Keyboard Lessons

Individual Lessons: £10 per 20 minute lesson

Individual Lessons: £6 per 10 minute lesson

Small Group Lessons: £5 per pupil per lesson*

*Small Group Lessons - please contact me on the details below for more information.

For further information and to register your interest, please contact me on the details below.

noteswithnay@gmail.com / 07796272287

Lewannick, Launceston PL15 7GE





SPACE

Supporting Parents And Children Emotionally

SPACE is a **free** programme for **any parent or carer** who wants to better understand and support their children's emotions, as well as their own.

This 5 week online programme will cover:

- Understanding what is meant by a Trauma Informed approach
- Understanding toxic stress and the flight/fight response
- Practical approaches to support children to regulate their emotions
- Healthy coping strategies for dealing with stress
- Managing different emotions
- Understanding behaviour
- Building resilience in ourselves and our children
- Adopting appropriate expectations of children
- Enhancing your ability to provide nurturing care

MHST has an upcoming online programme with sessions starting on:

Monday 12 January 2026 at 9.30am
Monday 12 January 2026 at 11.30am
Thursday 15 January at 9.30am
Thursday 15 January at 1.30pm



These sessions will be running for 5 weeks, please ensure you are able to attend each week for the duration of the programme

To request a place, complete the online form or scan the QR code provided: <https://forms.office.com/e/mX4A6KKfwv>



These courses are for parents/carers of children 5-11 yrs only

Spaces are limited, if you cannot attend, please notify us ASAP - 01726 873204

HEADSTART
KERNOW



Together
for Families



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Relationships

Family Carol Service
Lewannick Church
Sunday 21st December
4pm



Feel free to dress up as your favourite nativity character!

Mince pies served at the end.

GIRLS PLAYER DEVELOPMENT CENTRE'S

**LAUNCESTON COLLEGE 3G -
MONDAY'S (TERM TIME)
SCHOOLYEARS: 3,4,5,6 - 6PM-7PM
SCHOOL YEARS: 7,8,9,10,11 - 7PM-8PM**

**CALLYWITH COLLEGE 3G -
TUESDAY'S (TERM TIME)
SCHOOL YEARS: 3,4,5,6 - 6PM-7PM**



FOOTBALL
BUSINESS
AWARDS
2025

FINALIST



**ARGYLE
COMMUNITY
TRUST**

Please Contact:
Jacob.Fahy@pafc.co.uk for more
information

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Extra Support this Christmas

We know how tough things can be when a parent or carer is facing a terminal illness — especially around the holidays.

That's why we've **extended our Crisis Fund** to offer **shopping vouchers** for a range of retailers, helping families with children prepare for Christmas.



Whether it's gifts, food, or essentials - **don't go without this year. We're here to help.**



APPLY USING THE QR CODE

#ChristmasSupport #CrisisFund
#FamilySupport #YouAreNotAlone

gunnerskids.org

gunners kids

Christmas PARTY

December 14th | 11am to 2pm

St Erme Community Centre

Enchanting magic show
Hands-on Christmas crafts
Music to get everyone in the spirit



Plus, Santa himself will make a special appearance bringing a gift for every child!



SCAN QR CODE FOR FULL DETAILS

For families with children when a parent/carer has a terminal illness. FREE

gunnerskids.org

gunners kids

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CHRISTMAS 2025

- Activities including water sports, forest schools, circus skills, day trips and lots more – for children aged 5 to 16
- Every session includes a healthy meal for all children
- Funded places for ALL children eligible for benefits related free school meals

Activities are taking place across Cornwall during the Christmas holidays on 22nd Dec, 23rd, 29th, 30th, 2nd Jan

Scan here
to book!



Launceston Library Events

November &

December '25

Saturday 29th

November

10.30- 12.30 pm

**Make festive
cards with
Karen Howse**

Tuesday

9th & 16th

December 3.45 PM

**Christmas
story time**

Saturday 6th

December 10am-12pm

**Christmas crafts
& face painting**

Charity

Christmas Quiz

**(suggested donation £1)
Be in the draw to win
a hamper & panto
tickets**

**Draw takes place on
16th December.**

**Chosen charity -
RNLI**

Regular Events

Tuesdays 10.00 AM -Bounce and Rhyme followed by Stay and play at 10.30

Wednesday 10AM - Art Group

Friday 2-4 PM and Saturdays 10AM-12.30 - Christmas themed

LEGO



Launceston Library and Information Service

Dynnargh de Lyverva Lanstefan

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